Accessible Mental Health Services for people with an Intellectual Disability: A Guide for Providers

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The Outline

• A national framework of understanding and action for mental health professionals and service providers.
• Research current national and international practices, understanding of ID mental health and knowledge and staff attitudes.
• Provides an overview of ID mental health, why accessible services are important, the principles that should guide service delivery, practical strategies for inclusive and accessible services, and the implications for the service system.
• Facilitate and encourage incremental steps to adjustments to practice, accessible service and knowledge and capacity building.
The Guide

The Vision
“Accessible mental health services for people with an intellectual disability”

Promote greater integration between disability and mental health services and improve access.

Highlight the importance of intellectual disability mental health initiatives and funding.

Increase the knowledge, skills and confidence of the health workforce to deliver quality care and support to people.

Improve mental health outcomes for people with an intellectual or developmental disability.

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The Guide

The Progress

• Finalise contract with DoH
• Literature search
• Ethics approval
• Form Core Reference Group
• Various consultation phases – surveys, specific sections, review of draft, feedback incorporated at each phase
• Organising National Roundtable and Focus Groups in partnership
• Research existing available resources
• Obtain quotes
• Final draft circulated – 3DN, CRG, DoH
• Design and publishing – contracting designer, images, photos
• The Official Launch – 2014 RANZCP Congress
The Guide

The Issues

- The Guide – first phase three phase project
- Finalising contract
- A succinct Guide that can be utilised *Nationally* across various services and disciplines.
- Timeframes and resources
- Political climate, support, building and maintaining relationships
- Funding and resource implications
The Guide

The Objectives – 2014

• Finalise and publish The Guide
• The Official Launch – May 2014 RANZCP Congress Perth
• Implementation and dissemination strategy
• Obtain funding for the next phases of the project:
  o An Implementation and Self Assessment Toolkit
  o A Carer and Consumer Resource Package
• Potential publication
The Artwork

Sourced from Miroma and Studio Artists

The Artists

• Matthew Calandra
• Denise Allen
• Margaret Barton
• Victor Tombs
• Rhonda Brown
• Belinda Bennie
• Thom Roberts