

Easy to Read Version



THE UNIVERSITY OF
NEW SOUTH WALES



MONASH University



Dear Sir/Madam,

The University of New South Wales, La Trobe University and Monash University are doing a study about what it's like for people with an intellectual disability as they get older. We want to know about what things help someone stay healthy as they get older.

Being in the study means that a person who knows you well will tell us some things about your health and activities. The person could be a family member or someone who helps care for you.

After that, we might ask you to meet with one of our team so that they can ask you some questions. You can meet us at our office in Randwick, or at your home. The visit with you will take about 1 ½ hours. If you want to be in the study but don't want to come for the visit, that's OK.

The other pages that came with this letter tell you more about the study. If you want to know more about the study, or think you might want to be in the study, you can fill out the form called 'Expression of Interest', or get someone to help you fill it out. There is an envelope in this letter so you can send it back to us. You don't have to put a stamp on the envelope.

If you send us the form, we will call you or the person you ask us to call, to talk about the study.

Or, if you want to talk to us first, you can call us on (02) 9385 3993.

Thank you.

Yours sincerely,

A handwritten signature in blue ink that reads 'Julian Trollor'.

A/Prof. Julian Trollor.

Standard English Version



THE UNIVERSITY OF
NEW SOUTH WALES



MONASH University



Dear Sir/Madam,

The University of New South Wales, La Trobe University and Monash University are doing a study about what it's like for people with an intellectual disability as they get older. We hope to learn about the rates of particular problems such as dementia and physical or mental health problems in people with intellectual disability. We also hope to learn what things may help a person with intellectual disability to remain healthy as they age. Your relative (or the person under your guardianship) was selected as a possible participant in this study because they are over 40 years of age, have an intellectual disability, and live within the Local Government Areas selected for the study. Our research team includes Associate Professor Julian Trollor, Dr. Jennifer Torr, Professor Teresa Iacono, Professor Perminder Sachdev, Professor Henry Brodaty, Dr. Wei Wen, Dr. Elizabeth Evans and other research staff.

The study is divided into two parts. The first part is a set of questionnaires, to be completed by your relative's (or the person under your guardianship's) main carer. Another questionnaire will be sent to the family member most involved in their care (this may be the same person as their main carer, or it may be another person).

Around half the participants who complete the questionnaires will also be invited to complete the second part of the study, which is optional, but will give us more detailed information. This involves a face-to-face interview with your relative's (or the person under your guardianship's) main carer, along with an assessment for your relative. There will also be an optional blood test for your relative (or the person under your guardianship). A small number of participants with a mild intellectual disability will be invited to have a brain MRI scan. It is possible to be in the study and only complete the questionnaire, and likewise, it is possible to complete the questionnaire and the interview and assessment but not the blood test or brain MRI scan.

If you would like further information about the study, or are interested in allowing your relative (or the person under your guardianship) to participate, please complete the expression of interest form.

Alternately, you can call us on (02) 9385 3993.

Thank you.

Yours sincerely,

A handwritten signature in blue ink, appearing to read "Julian Trollor".

A/Prof. Julian Trollor.